

FITCITY CLASS TIMETABLE

SAT 12 JAN

9:00am	Yoga with Lululemon	45 mins
11:00am	Zumba	45 mins
12:30pm	Ludus Magnus	45 mins

MON 14 JAN

1:30pm	Anytime Fitness	30 mins
5:00pm	Ludus Magnus	30 mins
5:30pm	Ludus Magnus	30 mins

TUE 15 JAN

7:00am	Ludus Magnus	45 mins
12:00pm	Joe Naufahu (speaker)	30-45 mins
5:00pm	Ludus Magnus	30 mins
5:30pm	Ludus Magnus	30 mins

WED 16 JAN

7:00am	Ludus Magnus	45 mins
1:00pm	Anytime Fitness	30 mins
5:00pm	Ludus Magnus	30 mins
5:30pm	Ludus Magnus	30 mins

THU 17 JAN

7:00am	Ludus Magnus	45 mins
12:00pm	Ludus Magnus	30 mins
12:30pm	Ludus Magnus	30 mins
5:00pm	Tailored Fit (speaker)	45 mins

FRI 18 JAN

7:00am	Ludus Magnus	45 mins
12:00pm	Boxing Alley	45 mins
5:00pm	Zumba	45 mins

SAT 19 JAN

9:00am	Yoga with Lululemon	45 mins
11:00am	Zumba	45 mins
12:30pm	Ludus Magnus	45 mins

MON 21 JAN

7:00am	Ludus Magnus	45 mins
12:15pm	Jimi Hunt (speaker)	45 mins
5:00pm	Boxing Alley	45 mins

TUE 22 JAN

7:00am	Ludus Magnus	45 mins
12:00pm	Ludus Magnus	30 mins
12:30pm	Ludus Magnus	30 mins
5:00pm	Tailored Fit (speaker)	45 mins

WED 23 JAN

7:00am	Boxing Alley	45 mins
1:00pm	Anytime Fitness	30 mins
5:00pm	Tailored Fit (speaker)	45 mins

THU 24 JAN

7:00am	Ludus Magnus	45 mins
12:00pm	Boxing Alley	45 mins
5:00pm	Ludus Magnus	30 mins
5:30pm	Ludus Magnus	30 mins

FRI 25 JAN

7:00am	Ludus Magnus	45 mins
12:00pm	Joe Naufahu (speaker)	30-45 mins
5:00pm	Zumba	45 mins

SAT 26 JAN

9:00am	Yoga with Lululemon	45 mins
11:00am	Zumba	45 mins



Stay hydrated with our complimentary Pump Water provided at each class.

All FITCITY classes are free to join this January.